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District of Columbia Ranks 15th Among All States in Efforts to Serve Individuals with Intellectual and Developmental Disabilities

The Case for Inclusion 2019 Ranks States on Policies and Programs that Encourage Employment and Community Living

WASHINGTON, D.C. – The District of Columbia has made significant strides to improve policies that help individuals with intellectual and developmental disabilities lead more independent and productive lives, propelling the state from 49th place in 2007 to 15th place this year in rankings compiled by the ANCOR Foundation and United Cerebral Palsy (UCP).

[The Case for Inclusion 2019](#) ranks all 50 states and the District on how well state programs, primarily Medicaid, serve those with intellectual and developmental disabilities (I/DD). The states are ranked in five key areas critical to the inclusion, support and empowerment of individuals with I/DD and their families: Promoting Independence, Promoting Productivity, Keeping Families Together, Serving Those in Need, and Tracking Health, Safety & Quality of Life.

The District performed particularly well in the category of Promoting Productivity, where it ranked 9th in the nation, in part because of its high percentage of Vocational Rehabilitation (VR) participants finding employment (55%). Those VR participants who found work also had the highest average hourly wage in the nation (\$10.53). In another bright spot, the District joins 11 other states in not having a waiting list for individuals with I/DD seeking Home and Community-Based Services. This is especially good news considering that nationally, the number of people on waiting lists for Home and Community-Based Services jumped by 75,000 from the 2016 report to almost 424,000 in this year's report.

Despite these important achievements, the nation's capital struggled in two critical areas: (1) Keeping Families Together, where it ranked 37th, and (2) Promoting Independence, where it ranked 30th. In the category of Keeping Families Together, the District's poor performance is partly attributable to having a low percentage of families supported relative to the total population (only 130 families per 100,000 residents received long-term supports and services).

“Individuals with I/DD, including the young and the aging, want and deserve the same opportunities and quality of life as all Americans. Yet some states do much better than others in demonstrating the needed political will and implementing the sound policies and focused funding necessary to achieve this ideal,” the report states.

The *Case for Inclusion*, which has been published regularly since 2006 by UCP, compiles the most recent data available (generally from 2016 for this report) and analyzes 30 outcome measures in the five major categories. The ANCOR Foundation joins UCP this year in publishing the report. Among the other findings on the District of Columbia’s performance:

- 84 percent of Washingtonians with I/DD were receiving Home and Community-Based Services, compared to 92 percent of people with I/DD nationally.
- Although 859 individuals with I/DD in DC were living in their own home or a family home, a much higher number of individuals (1,306) were living in a congregate care setting, such as a group home or intermediate care facility.
- 1 in 10 working-age Washingtonians with I/DD (623 individuals) were working in competitive employment, meaning they earn market-driven wages in environments alongside individuals without disabilities.
- The District joins 14 other states in having no large, state-run institutions that warehouse individuals with I/DD.

Nationally, the report found that notable advances in the support of individuals with I/DD have stalled. For instance, just 29 states—two more than in the 2016 *Case for Inclusion*—report that at least 80 percent of these Americans are served in home-like settings, such as a family home, their own home or a small group setting—a number that hasn’t budged from the 2016 *Case for Inclusion* findings.

Factors driving the stagnating or downward trends include states forgoing Medicaid expansion and growing shortages in Direct Support Professionals (DSPs), the frontline workers who help those with disabilities integrate into the community. “The DSP workforce crisis may be the most significant challenge we face in improving the outcomes tracked by the annual *Case for Inclusion*,” said ANCOR and ANCOR Foundation CEO Barbara Merrill. “Without the professional staff needed to provide the supports and services that enable people with I/DD to be integrated into the community, provider agencies have little hope of maintaining and expanding on any progress they’ve seen in the past decade.”

It is notable that during a period of polarization on many issues, policies that support individuals with I/DD have support from stakeholders across the political spectrum. For example, the 10 highest-ranked states are a political mix, including deep-blue Oregon and California and deep-red Kentucky and South Dakota. Armando Contreras, President & CEO of UCP, notes that “across the country, we see efforts by state policymakers to enhance their approach to Medicaid services and supports and related programs for the I/DD population by making the best use of existing and scarce resources. Of course, additional funding to keep pace with the diverse needs of this population would help, but new ideas and shared best practices from successful states have the potential to drive improvements even absent additional funding.”

The full *Case for Inclusion 2019* report, along with scorecards for each state and additional resources, can be downloaded at caseforinclusion.org.

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About the ANCOR Foundation

The ANCOR Foundation (ancorfoundation.org) exists to expand the commitment and capacity of providers and communities dedicated to improving the quality of life of people with intellectual and developmental disabilities. The Foundation works to amplify the impact of service providers whose programs and resources empower people of all abilities to live independently, enjoy greater accessibility, and experience the self-confidence and self-satisfaction that comes with being an included and valued part of the community.

About United Cerebral Palsy

United Cerebral Palsy (ucp.org) educates, advocates and provides support services through an affiliate network to ensure a life without limits for people with a spectrum of disabilities. Together with 64 affiliates, UCP has a mission to advance the independence, productivity and full citizenship of people with disabilities by supporting more than 176,000 children and adults every day—one person at a time, one family at a time. UCP works to enact real change—to revolutionize care, raise standards of living and create opportunities—impacting the lives of millions living with disabilities. For 70 years, UCP has worked to ensure the inclusion of individuals with disabilities in every facet of society. Together, with its member affiliates, parents and caregivers, UCP will continue to push for the social, legal and technological changes that increase accessibility and independence, allowing people with disabilities to dream their own dreams, for the next 70 years, and beyond.